



Outdoor guerillayoga for AZAHAR Foundation with Yogeswari

Opening of the guerillayoga season 2010

Thursday, June 17, 7pm

Bern (Switzerland): Exact location will be announced 24 hours before the event.

For more infos and coming sessions visit www.guerillayoga.ch

The idea of guerillayoga is to expand the yogic practices and teachings into natural & urban settings and to make them accessible to more people. The world and every place in it can be your yogamat.

All proceeds of this season's guerilla yoga sessions are going towards a vocational Program in Yoga and English for young Cambodians from disadvantaged backgrounds set up by AZAHAR Foundation. AZAHAR Foundation is an international organization that promotes cross-cultural communication and non-violent conflict resolution through Yoga and the Arts.

Yogeswari is an advanced certified teacher who teaches Jivamukti Retreats, Workshops, Immersions and Teacher Trainings around the world. She is the founder and president of AZAHAR Foundation.

This will be a vigorous & joyful Jivamukti Workshop.

Through your practice radiate your love to the children of Cambodia.

www.azaharfoundation.org

